

We are descended from Adam and Eve, the first man and woman created by God. Under Satan's instigation, they both ate from the forbidden tree. God punished them with death – both physical death, which is the separation of the soul from the body, and spiritual death, which is eternal separation from God. We have inherited the sinful nature of Adam and Eve.²

When Jesus Christ, the Son of God, died on the cross He was actually bearing the punishment of believers for their sins against God. His blood was shed for the cleansing of their sins. The animal sacrifices offered up in the temple of Jerusalem in the past pointed to the coming of Jesus Christ who is "the Lamb of God who takes away the sin of the world!"³ On the third day, Jesus rose from the dead. He was then taken into heaven, promising to return to judge the world.

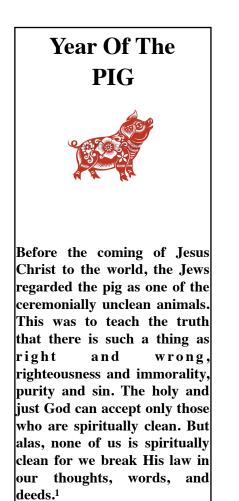
Christians do not regard any food as

ceremonially clean or unclean. It is far better to be spiritually clean before God. Spiritual cleansing comes by God's grace, through faith, in Jesus Christ alone.⁴ The Holy Spirit then comes to dwell in those who believe, transforming their nature and giving them the ability to obey God's word.

May this new year bring you peace with God, through faith in Jesus Christ. HAPPY NEW YEAR!

1. Rom. 3:10; 2. Rom. 5:18-19; 3. John 1:29; 4. Eph. 2:8-9.

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